

CLAIM AMENDMENTS:

Claims 1- 26 (canceled).

27. (currently amended) A black currant anthocyanin-containing food composition suitable for human consumption for food, which comprises 5 to 25 % by weight[[],] of black currant anthocyanin on the basis of solid matters.

28. (currently amended) The black currant anthocyanin-containing food composition suitable for human consumption for food according to claim 27, wherein the black currant anthocyanin comprises delphinidin in an amount of 2.5 to 12.5 % by weight on the basis of solid matters.

29. (currently amended) The black currant anthocyanin-containing food composition suitable for human consumption for food according to claim 27, wherein the black currant anthocyanin comprises delphinidin-3-o-rutinoside in an amount of 2 to 10 % by weight on the basis of solid matters.

30. (currently amended) A process for producing black currant anthocyanin-containing food compositions suitable for human consumption for food; wherein black currant juice, as a starting material, is purified and concentrated with a negatively charged reverse osmosis membrane.

31. (canceled)

32. (currently amended) The process for producing black currant anthocyanin-containing food compositions suitable for human consumption for food according to claim 30, wherein the negatively charged reverse osmosis membrane has a salt retention rate of 5 to 20% in the case of NaCl.

33. (currently amended) A process for producing black currant anthocyanin-containing food compositions suitable for human consumption for food according to claim 30, wherein an ion-exchange resin is also used to ~~absorb adsorb~~ and concentrate anthocyanin.

34. (currently amended) The process for producing black currant anthocyanin-containing food compositions suitable for human consumption for food according to claim 33, wherein the ion-exchange resin is a strong acid cation-exchange resin.

35. (currently amended) A health-promoting food or drink ~~which comprises including~~ the black currant anthocyanin-containing food composition suitable for human consumption for food according to claim 27.

36. (currently amended) The health-promoting food or drink according to claim 35; wherein the food or drink is candy, chewing gum, juice, chocolate, tablet, gelatinous food, or jam.

37. (currently amended) The black currant anthocyanin-containing food composition suitable for human consumption for food according to claim 27, which contains an effective amount of the black currant anthocyanin has at least one effect for improving visual function selected from effects (1) to (8) as follows: of alleviating asthenopia and/or improving adaptation to darkness.

- (1) an effect of alleviating asthenopia; and
- (2) an effect of recovering lowered visual acuity;
- (3) an effect of alleviating myopia;
- (4) an effect of recovering lowered refraction power of crystalline lens;
- (5) an effect of improving visual acuity in the darkness;
- (6) an effect of improving adaptation to darkness;
- (7) an effect of improving retinal function; and
- (8) an effect of improving retinal rod.

38. (currently amended) The health-promoting food or drink according to claim 35, which contains an effective amount of the black currant anthocyanin has at least one effect for improving visual function selected from effects (1) to (8) as follows: of alleviating asthenopia and/or improving adaptation to darkness.

- (1) an effect of alleviating asthenopia; and
- (2) an effect of recovering lowered visual acuity;
- (3) an effect of alleviating myopia;
- (4) an effect of recovering lowered refraction power of crystalline lens;

- (5) an effect of improving visual acuity in the darkness;
- (6) an effect of improving adaptation to darkness;
- (7) an effect of improving retinal function; and
- (8) an effect of improving retinal rod.

39. (currently amended) The black currant anthocyanin-containing food composition suitable for human consumption for food according to claim 27, which has an effect for improving blood fluidity compared to blood fluidity before ingestion of the composition and/or an effect for lowering blood pressure compared to blood pressure before ingestion of the composition.

40. (currently amended) The health-promoting food or drink according to claim 35, which has an effect for improving blood fluidity compared to blood fluidity before ingestion of the composition and/or an effect for lowering blood pressure compared to blood pressure of before ingestion of the composition.

41. (new) A black currant anthocyanin-containing food composition suitable for human consumption comprising 5 to 25 % by weight of black currant anthocyanin on the basis of solid matters, which is prepared by purifying and concentrating a black currant juice with a negatively charged reverse osmosis membrane.